



FF37 Abs trainer explosive view

Note: spare parts and fasteners are not listed on the form.

Item Number	Name Of Material	Quantity
1	The frame components	1
2	Forefoot assembly	1
3	Panel assembly	1
4	Back of a chair components	1
5	Long cushion	1
6	Flat gasket $\phi 8$	6
7	Hexagon bolt with half round head M8*25	6
8	Flat gasket $\phi 12$	4
9	Trampoline $\phi 12$	4
10	Outer hexagon bolt M12*25	4